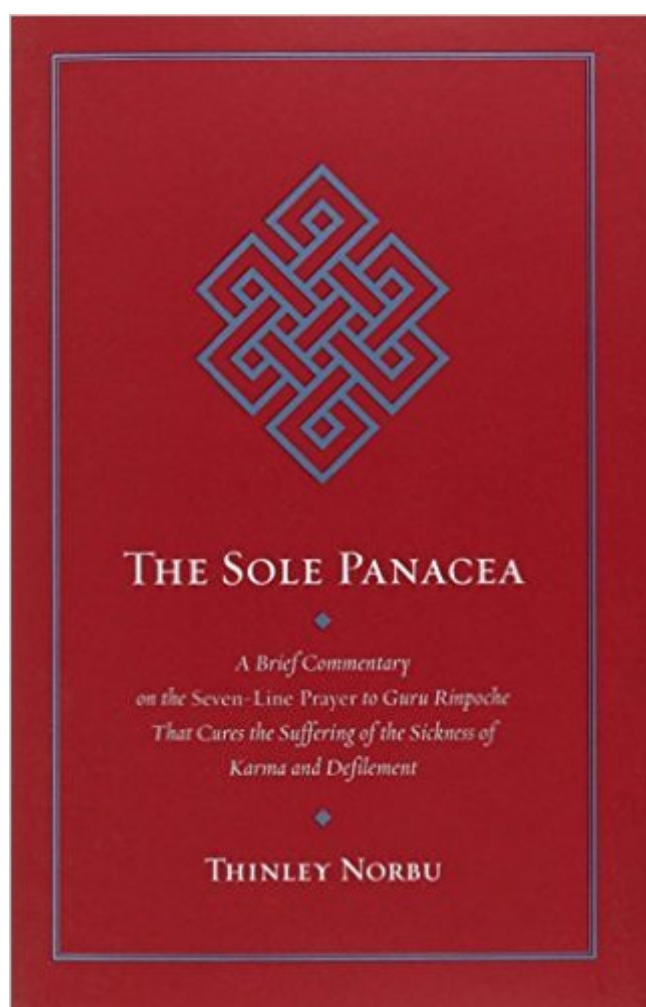


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The Sole Panacea: A Brief Commentary On The Seven-Line Prayer To Guru Rinpoche That Cures The Suffering Of The Sickness Of Karma And Defilement



Synopsis

An esteemed teacher comments on the Seven-Line Prayer, a popular devotional prayer recited daily by practitioners of Tibetan Buddhism. Of all the heartfelt devotional prayers used as a support for Dharma practice, the Seven-Line Prayer is the most essential, often repeated many thousands of times by practitioners of Tibetan Buddhism. This concise prayer invokes the blessings of Padmasambhava, also called Guru Rinpoche (â œPrecious Teacherâ •) and known as the Buddha of our time. Guru Rinpoche brought the Dharma from India to Tibet in the eighth century and is the source of the Tibetan Dzogchen tradition, the Great Perfection teachings that awaken the enlightened nature of oneâ™s own mind. Although the prayer is short and simple, its different levels of meaning make this commentary a welcome study aid for practitioners. Kyabje Thinley Norbu Rinpoche provides an account of the historical origin of the prayer and the power of its blessings, and comments on its two levels of meaning: one, according to the common Mahayana teachings; the other, according to the uncommon Dzogchen realizations. He repudiates various mistaken interpretations and clarifies a number of important philosophical views and meditation methods. The book also includes the text of the Seven-Line Prayer in English and Tibetan.

Book Information

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Customer Reviews

A must read for anyone connected to the tradition of Guru Rinpoche. Not just about the Seven Line prayer, this masterpiece outlines the extreme views of nihilism and eternalism, how technology, science, and the material basis that underlies them can never penetrate the immaterial nature of

mind, debunks criticism of the Nyingma tradition and some tertons, and then explains the yantras, the nature of Buddha and deity, and then the Seven Line Prayer itself. It's a great package to read over and over again.

This is a seemingly straightforward book. Just a commentary about a Seven Line Prayer for Padmasambhava a Buddhist Saint. But actually, the depth and vastness of the teachings contained in this book astonished me. It's truly a gem for those who practice Buddhism, especially Vajrayana Buddhism. It's not an easy book to digest but the rewards that come with patient study and effort are worth it. I cannot recommend this book enough for those who are interested in deepening their understanding of Vajrayana Buddhism. Also, any books by this author are very well recommended.

Here is an opportunity to experience the levels of Buddhism's teachings starting with the ritual of a short prayer, progressing to the most profound beliefs, the mundane to the sublime. Savor that difference between the common meaning and the uncommon meaning both found in the forward at page xiii, and then follow the author's commentary expounding and clarifying them. This profundity centers on the Dzogchen approach including appearances, non-duality and not self. Eternalism and nihilism are quickly dispatched, straw men who fall at the hand of Norbu's pen. Siva and Vishnu are fascinating stories but no more than that, then the Jains, Brahma, Judaism, Islam, and Christianity draw little more than mention, all dispatched in the first chapter. Scientific materialism as nihilism is the target of chapter two and portrayed as a sand castle, it the practice of children blowing bubbles in the air and trying to catch these rainbow-colored bubbles with their hands. The author then turns his attention to straw dogs within Buddhism itself, holding them to the mirror of the Buddha's actual teachings as he discusses the great iconic figures of the tradition, pointing out their qualities as guidelines for each of us. He goes on to explain body, speech and mind are the vehicles of awakening. It is mind that draws most of his attention. Here condensed into a fraction of most treatise on just one of the many topics covered, is a work of great depth, worth any serious student of Buddhism's careful attention. This is after all the sole panacea.

The Sole Panacea: A Brief Commentary on the Seven-Line Prayer to Guru Rinpoche That Cures the Suffering of the Sickness of Karma and Defilement-This is not a book - book offering explanations, deeper meaning so on, so forth. As it is quoted from the Diamond Sutra on the Page 31: "...Those that see me as form, Those that know me as sound, Are on the wrong path. They cannot

see me. Buddhas see the pure nature of the phenomena. All Buddhas are Dharmakaya. Dharmata is not knowledge. It is impossible to understand it.. "This book does lay out in front of the reader the experience.

In this unfortunate age of spiritual degeneration where even the merest hint of Dharma is difficult to find, and even then is more often than not misunderstood or misused, we have the fortune to encounter (through his words) the incomparable being Dungsé Thinley Norbu Rinpoche. Without any personal agenda, Rinpoche clearly teaches the 7 Line Supplication to Guru Rinpoche, a meaningful outer, inner, and secret practice that contains all the elements of sutra and tantra. Rinpoche was a fully qualified lay practitioner, whose life is a beautiful example for any modern disciple living in "this modern world."

Must, must seek counsel from this gem, over and over again.

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